

Food Additives

PRESERVATIVES

Sugar
Salt
Nitrites
Nitrates
Potassium Sorbate

Sulfites:

Potassium metabisulfite
Potassium bisulfite
Sulfur dioxide
Sodium bisulfite
Sodium meta bisulfite
Sodium sulfite

BHA
BHT

NUTRIENTS

B vitamins
Vitamin C
Vitamin E
Calcium
Iron
Iodine

COLORS

Annato
Carotene
Beet powder or juice
Grape skins
Carmel
Indigotine
Erythrosine

TEXTURE

Emulsifiers:

Lecithin
Alginates
Mono-glycerides
Di-glycerides

Gums:

Carrageenan
Alginates
Locust Bean Gum
Agar
Pectin
Gum Arabic
Cellulose
Xanthun Gum

FLAVORS

Herbs
Spices
Fruit Juices
MSG
Salt
Sugars

Artificial Sweeteners:

Aspartame
Acesulfame
Cyclamate
Saccharin
Sucralose
Stevia
Sorbitol
Xylitol
Mannitol